

**PSYC 110: INTRODUCTION TO PSYCHOLOGY**  
Spring Semester 2022

**PROFESSOR**

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Office: SCI D331 (or via Zoom)  
Hours: MWF 11am-12pm or  
by appointment

**COURSE**

Section/Credits: 1H/3  
Meetings: MW 8-915am  
Location: SCI D223  
GEP: SS

**TEXTBOOK**

Schacter, D. L., Gilbert, D. T., Nock, M. K., & Wegner, D. M. (2020). *Psychology* (5<sup>th</sup> ed.). Worth.

**WEBSITE**

This course will be administered through Canvas. In Canvas, you will review course materials, submit assignments, and view grades. You can login at this website (<https://www.uwsp.edu/canvas/Pages/default.aspx>) or download the Canvas Student mobile app for Android or iOS (from your preferred app store). If you would like to learn more about Canvas features, please review the resources posted on their website ([https://community.canvaslms.com/t5/Canvas-Student/ct-p/canvas\\_student](https://community.canvaslms.com/t5/Canvas-Student/ct-p/canvas_student)). If you need technical support, contact Canvas directly via the Help button in Canvas. They have a number of support options available.

**DESCRIPTION**

This course provides an introduction to the essential concepts and principles of *psychology*—the systematic study of thoughts, feelings, and behavior. The course begins with an overview of the science and profession of psychology. It then considers a range of key topics in psychology, such as neuroscience, memory, motivation, development, personality, and social behavior. The course concludes with a look at psychology as applied to health and wellness.

**OBJECTIVES**

Upon completing this course, students will be able to:

1. Explain or apply major concepts, theories, or methods used in psychological science to investigate, analyze, or predict human behavior.
2. Examine and explain how social, cultural, or political institutions influence individuals or groups.

**CALENDAR**

<b>Module</b>	<b>Reading</b>	<b>Sessions</b>	<b>Assignment(s)</b>
1: Evolution of $\Psi$ Science	Chapter 1	M 1/24 & W 1/26	W 1/26, Forum 1
2 : Methods in Psychology	Chapter 2	M 1/31 & W 2/2	M 1/31, Forum 2
3 : Neuroscience and Behavior	Chapter 3	M 2/7 & W 2/9	M 2/7, Forum 3
<b>***Focus Week 1***</b>	<b>None</b>	<b>M 2/14 &amp; W 2/16</b>	<b>W 2/16, Exam 1 (Modules 1-3)</b>
4 : Memory	Chapter 6	M 2/21 & W 2/23	M 2/21, Forum 4
5 : Learning	Chapter 7	M 2/28 & W 3/2	M 2/28, Forum 5 & Working Ideas Paper
6 : Emotion and Motivation	Chapter 8	M 3/7 & W 3/9	M 3/7, Forum 6
<b>***Focus Week 2***</b>	<b>None</b>	<b>M 3/14 &amp; W 3/16</b>	<b>W 3/16, Exam 2 (Modules 4-6)</b>
7 : Development	Chapter 11	M 3/28 & W 3/30	M 3/28, Forum 7
8 : Personality	Chapter 12	M 4/4 & W 4/6	M 4/4, Forum 8 & Paper Rough Draft
9 : Social Psychology	Chapter 13	M 4/11 & W 4/13	M 4/11, Forum 9
<b>***Focus Week 3***</b>	<b>None</b>	<b>M 4/18 &amp; W 4/20</b>	<b>W 4/20, Exam 3 (Modules 7-9)</b>
10 : Stress and Health	Chapter 14	M 4/25 & W 4/27	M 4/25, Forum 10
11 : Psychological Disorders	Chapter 15	M 5/2 & W 5/4	M 5/2, Forum 11 & Paper Final Draft
12 : Treatment of Disorders	Chapter 16	M 5/9 & W 5/11	M 5/9, Forum 12
<b>***Focus Week 4***</b>	<b>None</b>	<b>T 5/17 (245-445pm)</b>	<b>T 5/17, Exam 4 (Modules 10-12)</b>

**Notes.** In Focus Weeks, Mondays are typically used for review. This calendar is preliminary and subject to revision. Any changes will be announced in class, on Canvas, and/or via email.

## REQUIREMENTS

**Classroom Exams.** There will be 4 exams in this course. Each exam will provide 75 minutes to complete 50 multiple-choice questions over 4 modules. Each exam is worth 100 points (2 points per question) for a total of 400 points (100 points x 4 exams) or 40% of your final grade.

**Discussion Forums.** There will be 12 discussion forums in this course. In each forum, you will post two questions about a weekly module's materials. Excellent questions will clearly draw on module materials, will be distinct from the questions already posted, and will not be obvious to anyone who reviewed the materials. Only your 10 best forums will count toward your final grade. Discussion forums will be worth a total of 100 points (10 points x 10 forums) or 10% of your final grade.

**Discussion Participation.** You will be required to participate in class discussion. Participation will be evaluated 12 times across the semester, roughly once per week, by different students. Evaluations will be based on student-chosen criteria and will be periodically posted on Canvas to provide feedback on your participation. Unreasonable evaluations are subject to professor veto. Only your best 10 evaluations will count toward your final grade. Discussion participation will be worth 200 points (20 points x 10 evaluations) or 20% of your final grade.

**Discussion Facilitation.** Small groups of students (2-3) will be required to facilitate one day of classroom discussion on a textbook chapter during the semester. Successful facilitators will ask focused questions and allow others time to think (as much as 30 seconds), facilitate discussion between students (rather than dominating it or giving a presentation), and bring discussion back into focus when it goes off track (such as by using a thread in the discussion to return to point). Facilitators will be required to develop a plan and seek feedback from the professor in advance. Discussion facilitation is worth a total of 100 points or 10% of your final grade.

**Research Paper.** There will be a paper assignment in this course. Individual students will be required to write a roughly 4-5 page paper that focuses on designing two psychological studies. Papers will be submitted to the Canvas dropbox. The research paper will be worth a total of 200 points (rough draft = 100 points, final draft = 100 points) or 20% of your final grade.

**Research Requirement.** The research requirement provides you with an in-depth experience with research conducted in the Psychology Department. This requirement involves participating in 2 hours (or 2 credits) of psychological studies or completing library research. It does not earn points toward your grade—it is simply a requirement that must be fulfilled to receive your grade.

**PERFORMANCE**

Please use the tables below to track your performance, as well as to determine your final grade.

Forums	Points	Participation	Points	Exams	Points
1	___ / 10	1	___ / 20	Exam 1	___ / 100
2	___ / 10	2	___ / 20	Exam 2	___ / 100
3	___ / 10	3	___ / 20	Exam 3	___ / 100
4	___ / 10	4	___ / 20	Exam 4	___ / 100
5	___ / 10	5	___ / 20	Total	___ / 400
6	___ / 10	6	___ / 20	<b>Paper</b>	<b>Points</b>
7	___ / 10	7	___ / 20	Rough	___ / 100
8	___ / 10	8	___ / 20	Final	___ / 100
9	___ / 10	9	___ / 20	Total	___ / 200
10	___ / 10	10	___ / 20	<b>Facilitation</b>	<b>Points</b>
11	___ / 10	11	___ / 20	Total	___ / 100
12	___ / 10	12	___ / 20	<b>Overall</b>	<b>Points</b>
Total*	___ / 100	Total*	___ / 200	Total	___ / 1000

\* = For discussion forums and participation, only add your 10 best of 12 scores.

Final Grade	Total Points	Percentage	Final Grade	Total Points	Percentage
A	930-1000	93-100	C	730-769	73-76
A-	900-929	90-92	C-	700-729	70-72
B+	870-899	87-89	D+	670-699	67-69
B	830-869	83-86	D	600-669	60-66
B-	800-829	80-82	F	0-599	0-59
C+	770-799	77-79			

**REMEMBER TO COMPLETE THE RESEARCH REQUIREMENT BY FRIDAY, MAY 13TH IN ORDER TO RECEIVE A FINAL GRADE FOR THIS COURSE!**

## POLICIES

**Attendance.** The professor will not take formal attendance. Nonetheless, consistent attendance is important for performing well in the course. Course discussions will help to clarify the material and your participation will be periodically graded by other students. If you cannot attend class, it would be advisable to let the professor know as soon as possible. Documentation is welcome.

**Communication.** Please contact the professor with your questions or concerns related to this course, as well as other academic and career-related issues. Office hours are the most reliable means of contact. Three in-person office hours will be held per week. If you cannot attend these hours, schedule an appointment (in-person or via Zoom). Email is the next most reliable means of contact. Emails are typically answered within two business days (not evenings or weekends). If emails will require considerable discussion, they may be referred to office hours. Other means of contact (voicemails, dropping by my office, etc.) are generally unreliable.

**Disabilities.** UWSP is committed to reasonable and appropriate accommodations for students with disabilities and temporary impairments. If you have a disability or acquire a condition that necessitates assistance, please contact the Disability and Assistive Technology Center on the 6th floor of Albertson Hall. They can be reached at 715-346-3365 or [DATC@uwsp.edu](mailto:DATC@uwsp.edu).

**Emergencies.** In the event of a *medical emergency*, call 911 or use one of the Red Emergency Phones in the hallway outside of our classroom. Offer assistance if trained and willing to do so. Guide emergency responders to those in need. In the event of a *tornado warning*, proceed to the lowest level interior room without windows. See <https://www.uwsp.edu/emergency/Pages/floor-plans.aspx> for floor plans showing the severe weather shelters (such as interior hallways and classrooms near our classroom). Avoid wide-span structures (such as gyms, pools, or large classrooms). In the event of a *fire alarm*, evacuate the building in a calm manner and meet on the north side of CCC (outside MCCH). Notify instructor or emergency command personnel of any missing individuals. In the event of an *Active Shooter/Code React*, run/escape, hide, fight. If trapped, hide, lock doors, turn off lights, spread out, and remain quiet. Call 911 when it is safe to do so. Follow instructions of emergency responders. See the Emergency Management site for details on UWSP's emergency response procedures: <https://www.uwsp.edu/emergency/Pages/emergency-procedures.aspx>.

**Illegalities.** Under several federal and state laws, as well as university guidelines, the professor is required to report acts of a criminal or offensive nature that occur inside and outside of class. This includes acts of sexual harassment and assault, bias and hate crimes, illicit drug use, and acts of violence. Any disclosure or description of these incidents—past or current—may be reported to the Dean of Students (<http://www.uwsp.edu/dos/>) or local authorities.

**Incompletes.** Incompletes will only be considered for students in exceptional situations, such as serious medical or emergency situations. They are generally not for students overwhelmed by routine academic or extracurricular work. Requests for incompletes must be accompanied by documentation. In most situations, all coursework must be finished within one semester to avoid receiving an F in the course.

**Makeups.** Makeups assignments will generally only be considered for students who cannot complete them on time due to academic, athletic, or religious obligations, major illnesses, or comparable reasons. Requests for makeups must be accompanied by documentation. In most cases, makeups must be completed within one week of the original deadline to avoid receiving a zero for the assignment.

**Misconduct.** The professor takes instances of misconduct (such as cheating and plagiarism) seriously. The minimum penalty for an instance of misconduct will be a zero on the assignment. Additional penalties will be considered under university policy. Please do not put yourself and others through discipline proceedings. To review UWSP's misconduct policies, go to: <https://www.uwsp.edu/dos/Pages/Student-Conduct.aspx>.

**Professionalism.** UWSP values a safe, honest, respectful, and inviting learning environment. In order to ensure that each student has the opportunity to succeed, a set of expectations (called the Community Rights and Responsibilities document) has been developed for students and professors. For more information, check out: [https://www.uwsp.edu/dos/Documents/2015\\_Aug\\_Community%20Rights%20and%20Responsibilities%20Web.pdf](https://www.uwsp.edu/dos/Documents/2015_Aug_Community%20Rights%20and%20Responsibilities%20Web.pdf).